Hijacked - Clairaudience: 9-5-2021

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I was browsing around on the internet a little bit this afternoon. I'm off from work today and tomorrow for the Labor Day holiday weekend. I've just been trying to relax today, catch up on a little reading. I went over to a paranormal themed discussion forum that I check out every now and again, and right away I saw a post there that grabbed my attention. The post was titled something along the lines of "Does Doing EVP Recording Lead to Clairaudience? This grabbed my attention so much because it is pertaining to exactly what it is that has affected my life so much since 2015.

In 2015 I was experimenting with EVP recording for a couple of months and by the end of the second month, I began having incidents of hearing some of the EVP voices outside of the recordings. While there were some friendlier voices on my recordings initially, or at least they seemed friendly....there were also some "negative voices" present as well. I called them this because they were generally not saying friendly things towards me and they seemed intent on getting a negative reaction out of me. They would throw insults at me, make critical statements and sometimes make outright threats towards me. Unfortunately for me, it was primarily these negative voices that I began hearing outside of the recordings.

It started off with a few incidents here and there, but over the course of a month quickly escalated. By the beginning of April 2015, I was stricken with hearing these intrusive negative voices on a constant basis. So, in my situation...yes I believe that it was a case where I developed clairaudience after experimenting with EVP recording. Let me just say that I wasn't doing EVP sessions those two months just to see if I would hear anything on the recordings. I heard a lot on those recordings in fact. It reached a point where I was using EVP recording as a direct means of communication with the EVP voices. I would ask the voices questions and then go back and listen to the replies. In this manner I had conversations with them sometimes lasting for hours and I was doing this practically night after night during those two months. I was gripped by a strong sense of curiosity and fascination with what I was experiencing. So much so, that to my detriment it blinded me to the danger that was looming. But at the time, I didn't really know anything about clairaudience. I didn't know much about the Electronic Voice Phenomenon either. While it's true that I had been reading a lot on paranormal topics for a number of years prior, this was the first time that I actually did any kind of active investigating. Yes, I was quite a novice at the time.

While I was recording those two months, I was doing quite a bit of reading on the subject however. I did come across the term clairaudience from time to time. I understood its basic meaning... the psychic ability to hear spiritual or astral voices, or something along those lines. When I did come across mention of clairaudience in my research, more often than not, I got the

impression that it was thought of in most cases as a kind of gift, something positive. I did not come across mention of people having a negative experiences with clairaudience after being engaged in some kind of spirit communication activity until after I started to hear the negative voices outside of the recordings. I felt very isolated and alone with what I was experiencing at first, and the voices seem to intentionally play into this. They would often make it seem like I was being singled out for special punishment because I was such a horrible sinner.

However after a few months I began finding other cases of this kind of negative experience with clairaudience and I began meeting others who had gone through similar situations. Some of these individuals had been doing EVP recording, like myself. Others have been engaged in some other form of communication with the unknown, such as using a Ouija Board, a Spirit Box, doing Automatic Writing,, using a Pendulum. I began to find patterns in these accounts. When I first came across some of this limited material regarding clairaudience, yes, I generally got the sense that it was thought of as a means to have positive spiritual experiences. What I didn't see mentioned very much was that sometimes with this ability (especially when it first begins for a person), it isn't something that can be easily controlled...sometimes it's not something that can be switched off like a light switch. In my case, these negative voices entities hijacked my clairaudience ability. They turned it against me and used it as a form of psychological torture.

For myself, I was completely blindsided when I started hearing these voices outside of the recordings, especially in early April 2015 when I first began hearing them on a constant basis. I was completely caught off guard and at the time it seemed like I had no way to control hearing them. Unfortunately, I did turn to alcohol for a while to at least numb myself for a time to the presence of the voices. It didn't cause me to stop hearing them, but it made me more numb to their presence. As I might have expected, this became its own problem down the road. But, I'm happy to report that it's a problem that I managed to get a handle on and I haven't had a drink of alcohol in a couple of years now. But yes, when this clairaudience ability opened up for me, it was certainly not the case that I could turn it on and off whenever I wanted. Perhaps if it developed more slowly ...over time ....and I had more of a chance to reflect upon things a bit, things would have been different. But it was more of a case where this ability opened up like a door being ripped off of its hinges and these intruding voices stormed right in.

In this online discussion post that I found today, it didn't seem to me like the individual who made the post was experiencing anything as extreme as I was back in the spring of 2015, at least not yet. This individual mentioned that they noticed that they were starting to perceive the presence of "spirits" while they were not recording. They even stated that it seemed like they no longer needed to record to communicate. One thing that I did notice in what this individual wrote that is something different from my own case is that this individual stated that he's been experimenting with EVP recording for a number of years now. In my own case, I developed this clairaudience ability after I had only been engaged in doing recording sessions for a fairly short amount of time, just two months. Once I started meeting other individuals and finding other accounts of this, I saw that it was the case that in most of these other accounts, the individuals

also had been just starting out with their spirit communication activity, or in other words.... they had only been doing it for a fairly short amount of time.

Some mentioned that in years prior they had used a Ouija Board a few times or something along those lines, but that this was the first time that they were involved with spirit communication on a regular and consistent basis. I would say that in most of the cases that I've seen of this hijacked clairaudience situation developing, the individuals have been engaged in spirit communication for a few weeks or a few months. For the majority, it was within one year. To date, I've only found one other account of this kind of situation (and it was also a situation involving EVP recording) where an individual started to hear voices after they had been doing EVP recording on a regular basis for a number of years. In this case, I believe it was close to ten years that this individual had been recording before they developed clairaudience and was stricken with an attachment situation. While so far ...based on my observations, it seems that people who are just starting out are more at risk, it may still be the case that it can happen to somebody who has years of experience under their belt. So, it may not be the case at all to say ..... "well I've been doing EVP sessions (or using a Spirit Box, etc....) for years, if I was going to be hit with an attachment, it probably would have happened by now." While people just starting out may be at the highest risk, it doesn't seem like this is entirely across-the-board.

I left a comment for this individual today on the discussion forum. He posed the topic of his post as a question, ....does experimenting with EVP bring about clairaudience? I started off my comment by simply answering ...yes, it absolutely can ....it happened to me and to many others that I've met. I then gave a very brief description of what happened to me after I had been recording for a couple months back in 2015. I said that yes, this kind of activity can bring about clairaudience, but watch out because it's not always a positive experience, it wasn't in my case and in many other cases I've seen. I'm not sure about all the details of this individuals experiences, so I didn't want to come across like I was trying to lecture them or anything like that. Perhaps I will discuss things with him further in the days to come if I receive a reply to my comment. For now, aside from giving a brief description of what happened to me in 2015, I said that if they start to feel that these voices that they're perceiving outside of the recording sessions are an intrusive presence, if they start to feel like it's a violation, an intrusion of their personal boundaries, then that could be a warning sign right there and that they should probably at the very least.... take a long break from recording.

- B. Edwards
- 9/5/2021